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THE BIRDS GO INTO NJ AND WIN, 24-17. PAGE 34

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Sermon on the parkway

Multitude. Sunday's papal Mass attracted hundreds of thousands, who were inspired even miles away from where Pope Francis stood.

PAGES 02-12

Pope Francis celebrates Mass on the Ben Franklin Parkway on Sunday. / GETTY IMAGES

Hillary says email flap like 'drip, drip, drip.'

PAGE 16

Kelis' good cooking brings us to the yard

PAGE 24

Elizabeth Gilbert on how to live your dream

PAGE 30

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2 'LIVE BLOG: Philadelphia and Catholics witness Pope Francis' mass'

3 'Road closures for Philly Papal visit announced'

On the go

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Pope Francis gives blessing to Philadelphia

Benediction. The Holy Father led a Mass in Philadelphia on Sunday that was attended by hundreds of thousands.

The Ben Franklin Parkway, seen from above, is filled with pilgrims eager to hear the words of Pope Francis on Sunday. / HUGHE DILLON

In the midst of millions of dollars of preparations, city reorganizing that wildly disrupted locals' schedules and levels of security not seen even for the president, Pope Francis took the stage Sunday like he just a priest attending any weekly Mass at a neighborhood parish.

As the packed parkway fell silent, the Argentine pontiff, seemingly unaware of the mountains that were moved to make way for this moment, led an ordinary Sunday Mass.

His homily touched on the themes that Francis has become known for foregrounding in public appearances: universal love over cultural and national divisions.

"Our families, our homes, are true domestic churches," Francis said. "They are the right place for faith to become life, and life to become faith."

Hundreds of musicians provided celestial music for the Mass, which like traditional Mass included the ordinary Bible readings.

In one departure from the pope's prepared homily that was possibly improvised, the pope gave attendees a question.

"I leave you with a question for each of you to answer. … In my own home, do we shout, or do we speak to each other in love and tenderness? That is a good way of measuring love."

Linking the relations within a single human family to those of all humanity, Francis urged a spirit of unity upon listeners hearing his message.

"The urgent challenge of protecting our home includes the effort to bring the entire human family together in the pursuit off a sustainable and integral development, for we know that things can change." Francis said.

Quoted

"We could all be prophets of God's word. Would that everyone could work miracles."

The Holy Father

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Trying to hear his words. Even distant pilgrims watching mass via Jumbotron rejoiced, but not all could get close

Throughout the papal Mass, tears streamed down the faces of visitors praying and singing while watching Pope Francis speak — even though it was only through a Jumbotron.

"I've waited all my life to see Papa Francis," said Maria Castellan, 22, from Italy.

During the mass, clergy called for members to display their "sign of peace." Within seconds of the declaration, hundreds watching began to hug and kiss one another.

"It was so beautiful, this much love in the City of Brotherly Love and sisterly affection. … I may sound mushy, but I can't help it," said Amy Keller, 31.

After the final prayer, a crowd of various South American spiritual pilgrims began to fly their native flags proudly. "Amor Papa Francis," many could be heard chanting.

But not all pilgrims got close or even out of the line.

Joanna Lingner said she had to bail. She and a friend, Barb Zimmerman, took the train up from Aberdeen, Maryland, and made it in line by 12:45 p.m.

Pilgrims embrace each other while listening to Pope Francis from blocks away. / ERNEST OWENS

But by 5 p.m., Lingner said, after getting in line at 19th and JFK, they'd only made it to Cherry Street.

"What's that, like a block up?" Lingner asks? It's two. But a tough pace for four hours.

Many pilgrims at 30th Street Station on Sunday evening said their plans of making it in time for Mass were dashed.

Jem Jebbia, a Buddhist chaplain at Northeastern, was stuck outside of the checkpoint and says she watched the mass on the phones of people standing by her in line.

She was "not really disappointed," she explained. "Feel like I took a really nice pilgrimage.

ERNEST OWENS AND CASSIE OWENS

ALL TIME HIGH!

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temple.edu/momentum

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Pope-onomics

Street vendors score big with pope merch

Justin Lawrence, who was selling flags with Pope Francis' image on them on the bridge, said the Department of Licenses and Inspections had swept through and cleared out vendors who didn't have licenses around 8:30 am this morning (vendors started at 5:30 a.m.).

A vendor sells Pope Francis face cutouts. / MATTHEW LEISTER

In some cases, they confiscated merchandise, Lawrence said.

Lawrence was lucky. He had a permit — he paid $300 for it.

"It's a lot, especially when L&I is hassling you," Lawrence said.

His prices started out at $20 per flag. He dropped the price to $5 by Sunday.

One vendor selling pope wristbands said he started out with 10,000, selling two for $1, and had only 200 left by the end of the day. His cost for the individually bagged wristbands was 24 cents each. DAN KELLEY

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SEPTA welcomes The World Meeting of Families and Pope Francis to Philadelphia.
Signs at 30th Street Station welcomed papal pilgrims, but it was difficult for many disabled people, who struggled to get around. / MATTHEW LEISTER, DAN KELLEY

Disabled pilgrims struggle to see pope

Closer to thee. The papal visit was an amazing feat of planning, but some disabled people said they still struggled.

The run-up to the pope's visit has been a marvel of planning and logistics, but disabled people had a tough time getting around.

"My poor grandson had to push me 40 blocks," said Louisa Heyden, from Akron, Ohio. "That's the only bad thing. Everything else was wonderful."

Her grandson, John Kassell, said wheelchair-accessible routes were difficult to find.

"A lot of the networks here for handicapped folks, they're not too accommodating. … As far as wheelchair-accessible routes, not too much of that exists here," he said. "Just because we had some iffy situations with transportation, I wouldn't exchange this moment for anything else in the world. This is what we came for, we were greeted by the pope. It's an amazing feeling."

Meanwhile, Maurice Davidson, 61, who came from Pittsburgh this week to babysit his grandchildren while schools were closed, had a hard time catching his train back home Sunday.

His daughter tried to drop him off at 30th Street, but was blocked at 38th Street due to traffic restrictions.

Davidson tried to walk the roughly one-mile stretch. He uses a cane, but said he has to take breaks every 30 yards or so because a back surgery "didn't turn out so good."

He and his daughter made it a few blocks, when they saw an Amtrak employee pushing a wheelchair near 34th Street and were able to use it.

Amtrak spokesman Craig Schulz said transit authorities did attempt outreach to passengers with disabilities, but could not control the borders of the "no-vehicle" zone that extended to 38th Street.

DAN KELLY & MATTHEW LEISTER
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From left, some anti-pope protesters aroused pilgrims' ire, while local artist "Smiles" Christenson, center, sold his "blasphemous" pope-inspired paintings. / ERNEST OWENS

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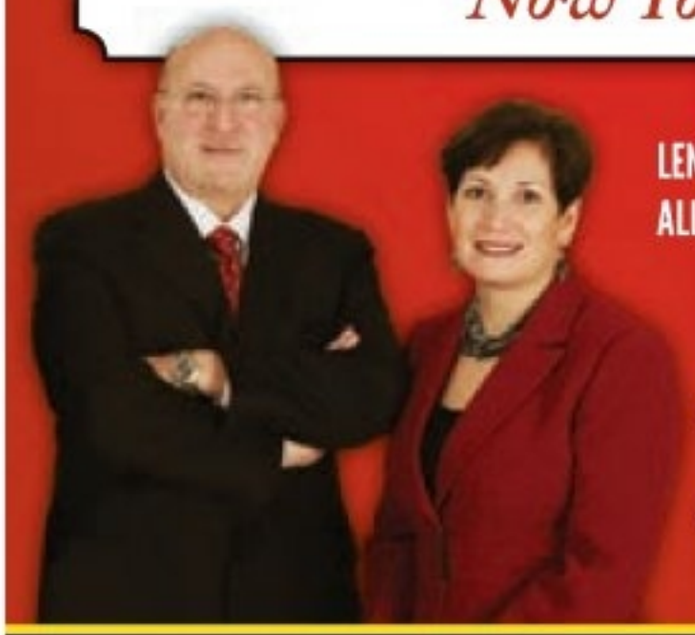

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Taboo art, protesters on streets as pope delivers mass

Philly styles. Pope Francis doesn't just inspire devotion. A local artist hocking bizarre art and protesters were in the audience as well.

As Pope Francis ascended to the stage in the Ben Franklin Parkway to lead mass, pope-inspired taboo street art was selling out in the Gayborhood.

"I just wanted to envision what Pope Francis would be doing if he was an everyday Philadelphian," said North Philadelphia-based street artist, Miles "Smiles" Christenson.

Christenson, 23, has been selling original print reproductions of taboo images of Pope Francis eating a cheesesteak, wearing iconic Rocky boxing gloves, and even inside a toilet. He has been on the 13th and Walnut corner since Friday and nearly is sold out of his pieces, priced at $10 each.

"I'm not religious, but I respect the pope. … I love the vibe he's bringing to the city — the artwork is meant to celebrate his arrival, Philly style," Christenson said. "Around here, we call him 'Frankie the Pope.'"

But others have not been as amused.

"It's disrespectful and totally uncalled for," said Barbara Scott, 56, a passerby looker from Chicago. "To mock our holy papa like that isn't the best way to honor him — it's blasphemous."

"I know everyone won't be too pleased, but so many have been supportive and get a good laugh from it," Christenson said. "With all the madness in the city right now, bringing humor though art is what the people needs."

Meanwhile, shouting matches and confrontations followed shortly after the papal mass as departing pilgrims encountered anti-pope protesters on Broad & Walnut streets.

The Henry Society, a group of disgruntled Evangelicals and excommunicated Catholics over Pope Francis' "excessive idolatry and false teachings," aroused the crowd of papal visitors.

"The pope is an Antichrist," said minister Chuck O' Neal from Oregon.

Automatically, a crowd of travelers began to yell, "We love Pope Francis" in an attempt to drown out the sounds of his denouncements.

"This isn't free speech, this is hate speech … these men are crazy out here speaking such ignorant buffoonery," said Carl Romano, 27, from South Jersey. "I'm not even religious and this offends me."

Police officers later removed Romano after he began to yell epithets at the group.

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Security break

Police officers on duty during the World Meeting of Families Sunday took a moment to enjoy the Eagles' tasty takedown of the New York Jets, 24-17, in a game that wrapped up just as Pope Francis took the stage on the Ben Franklin Parkway to deliver his papal Mass. DAN KELLEY

In South Philly's Piazza, a special viewing tent had TVs tuned to Pope Francis' mass, as well as a "Wishwall" set up by artist Simonetta Lein, below./ CASSIE OWENS

South Philly papal tent attracts pilgrims, wishers

Seeing the pope. The Italian Catholic enclave of South Philly had its own special pope viewing tent.

Under a tent at Ninth and Montrose streets in South Philly there are three big screens. Two were playing the papal visit, and one was playing the Eagles-Jets game.

An organizer came to the front of the viewing stage, sensing that people aren't that into football right now, as the clocks neared 4 p.m. and the papal Mass was scheduled to begin.

"Does everybody vote for the pope?" they asked. Yeses resounded from the viewers, and all three televisions were set to the papal mass

With roughly 30 people gathered, not solely made up of neighborhood residents, the viewing party became something of an outpost for weary visitors and family members shacking up with neighbors during this momentous occasion.

Carol Jean Hatter flew in from Lexington, Kentucky, to attend the papal Mass. She was at the festival last night, but decided to come to the South Philly viewing party "instead of fighting the crowds and spending all that time in security."

Ramona Decker also attended the festivities last night, and while she enjoyed the experience, she felt too tired to make a go of it again.

"Walking was fine, but the standing and the waiting … it's nice that they provided this."

CASSIE OWENS
letters@metro.us

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Faithful assemble to hear pope's Mass

For miles outside the ticketed area around the stage on the Ben Franklin Parkway, papal pilgrims, local Catholics and the curious came to hear Sunday's papal Mass led by Pope Francis. The Argentine pope's words echoed throughout the city through television and more than 40 Jumbotrons while pilgrims miles away wept in joy after hearing the message.

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Pope tells Philly prisoners. All people need to be 'cleansed'

Pope Francis took time out from the crowds in Philadelphia on Sunday to visit a prison, telling inmates that all people need to be "cleansed" and they should not view their confinement as exclusion from society.

Meeting 60 men and 11 women prisoners in a drab room at the Curran-Fromhold Correctional Facility, the Argentine-born pope stressed their time behind bars was meant to rehabilitate them. He then shook hands with each inmate, blessing all and hugging some who rose to greet him.

Francis has emphasized outreach to the poor, to immigrants and those on the margins of society throughout his first visit to the United States. He lunched with homeless people in Washington on Thursday after addressing the U.S. Congress.

"All of us need to be cleansed, to be washed, all of us, and me in the first place," the pope said in his native Spanish at the prison, which houses some 2,800 inmates.

"This time in your life can only have one purpose: to give you a hand in getting back on the right road," he told the inmates and assembled family members. "All of us are part of that effort."

REUTERS

Pope Francis visits with inmates. / GETTY IMAGES

'God weeps,' pope says, after meeting with clergy sex abuse victims

Scandal. Reports that priests had sexually abused children and bishops had covered up their actions emerged in 2002.

Pope Francis confronted the sexual abuse of children by Roman Catholic clergy on the final day of his U.S. visit on Sunday, meeting with five adults abused as children and vowing to hold accountable those involved in the crimes and cover-ups.

"I have in my heart the stories of suffering and the pain of the minors who were sexually abused by priests," the 78-year-old Argentine pope, speaking in his native Spanish, told bishops in Philadelphia after meeting privately with the victims, three women and two men.

"This disgrace keeps burdening me, that the people who had the responsibility of caring for these tender ones raped them and caused them great pain. God weeps for the sexual abuse of children," the leader of the world's 1.2 billion-member Catholic Church added.

The pope offered his most comprehensive comments on the sexual abuse scandal in his two-and-a-half-year papacy and used his strongest language yet in condemning it and promising that "all responsible will be held accountable." It was believed to be the first time any pope has publicly described the abuse as rape.

The pope was criticized by abuse victims earlier in his U.S. trip after he addressed the scandal on Wednesday. At that time, he did not utter the words "sexual abuse," praised bishops for their "courage" and "generous commitment to bring healing to victims" and lamented that "pain" from the scandal had burdened them.

On Sunday, Francis told the victims he deeply regretted that some bishops had failed to protect children and was disturbed that in some cases bishops were the abusers.

The meeting marked just the second time Francis has met victims of clergy sexual abuse and was the first on a foreign tour.

REUTERS

The scandal damaged the Catholic Church worldwide, eroding its moral authority and requiring costly legal settlements. / GETTY IMAGES

Quoted

"I am profoundly sorry that your innocence was violated by those who you trusted."

Pope Francis told the victims, according to a transcript provided by the U.S. Conference of Catholic Bishops

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Five things you need to know

1 House will pass funding bill and avoid government shutdown: Boehner

U.S. House Speaker John Boehner vowed on Sunday that Congress will avoid a government shutdown this week and he would push through as much unfinished legislation as possible before leaving at the end of October.

Speaking on CBS's "Face the Nation" two days after his surprise resignation, he said the House this week would pass a government funding bill now moving through the Senate, which does not meet conservatives' demands to cut off money for Planned Parenthood.

Asked if passage would require Democratic votes, he responded: "I'm sure it will, but I suspect my Democratic colleagues want to keep the government open as much as I do."

Boehner resigned amid deep divisions among House Republicans over a range of issues including the handling of a Sept. 30 deadline to approve new funding for federal agencies and programs from education to national parks.

Conservative Republicans, some of whom have called for his ouster, have insisted on punishing Planned Parenthood by withholding funds over allegations that the nonprofit group improperly sold tissues harvested from aborted fetuses. REUTERS

BOEHNER GETTY IMAGES

2 Baltimore cop warned Gray needed medical help: Reports

A Baltimore police officer charged with manslaughter over the death of black man Freddie Gray told another officer the man in their custody appeared to need medical assistance but none was provided at the time, the Baltimore Sun reported.

Prosecutors have said Officer William Porter was called by Officer Caesar Goodson Jr., the van's driver, to check on Gray's status.

Porter told investigators he informed Goodson, who is also black, the jail booking facility would not process Gray because he was in medical distress, according to an article. REUTERS

3 At least 10 people injured at Arizona music festival

At least 10 people were injured when the crowd at a music festival in Arizona rushed the stage, according to local media.

At least seven people were taken to the hospital with injuries after the crowd at the Summer Ends music festival in Tempe pushed toward the stage, AZFamily .com reported. Ten to 12 people were injured in the melee.

Hip-hop artist J. Cole was the headliner. It is unclear whether he was onstage when the incident occurred. REUTERS

4 France launches airstrikes against ISIS in Syria

France said on Sunday it launched its first air strikes in Syria, destroying an Islamic State (ISIS) training camp in the east of the country to prevent the group from carrying out attacks against French interests and to protect Syrian civilians.

France had until now only struck ISIS targets in neighboring Iraq, carrying out just 3 percent of air strikes in an offensive on the group by a U.S.-led coalition. France has also provided limited logistical support to Syrian rebels it considers moderate, including Kurds. REUTERS

5 Obama to meet with Cuba's Castro Tuesday at UN

President Barack Obama will meet with Cuba's President Raul Castro on Tuesday on the sidelines of the United Nations General Assembly, a White House official said.

It will be the second meeting between the two leaders since they announced a detente following more than half a century of animosity between the former Cold War foes that led to the restoration of diplomatic relations on July 20. They last met in Panama City in April. REUTERS

CASTRO /GETTY IMAGES

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The Foreman Forecast

TOM FOREMAN

TOM FOREMAN IS A CNN CORRESPONDENT AND AUTHOR OF THE UPCOMING BOOK "MY YEAR OF RUNNING DANGEROUSLY."

My dentist asked me this week, "What the heck is happening in the world? The pope came, John Boehner went and now I hear we've got a super blood moon — whatever that is. Can you explain?" Considering I had a mouth full of knuckles, I answered with a definitive "Urg um mphhh!" But Capitol Hill is experiencing some unusual — maybe downright mystical — doings lately, so here are my three things to watch this week in politics.

1. TOIL AND TROUBLE: Behind their neon signs, fortune tellers in D.C. may see a rush of customers this week, as everyone tries to read the tea leaves about the next Speaker of the House. John Boehner's sudden departure (complete with him signing Zip-A-Dee-Doo-Dah) turned the Republican Party's barely contained bedlam into complete chaos. Forget the presidential race for a while. Right now, all eyes are on the crystal ball for who will be third in line for the presidency, with plenty of names in the bubbling brew of speculation.

2. PUTIN A SPELL ON YOU: President Barack Obama may be secretly thrilled about the GOP turmoil (and some of his fellow Dems are not secret about it), but he has worries of his own. The president is set to meet the man who may well be considered a warlock by this administration: Vladimir Putin. The Russian leader seems to have shrugged off almost every complaint the White House has raised about Ukraine, Iran, human rights — you name it. All of that will be on the table as the superpower leaders meet at the United Nations.

3. TAROT — MAKE THAT TRUMP CARDS: If there is an antidote to the spell Donald Trump has cast over voters, it may lie in a dearth of info about his supposedly great plans for the economy. But he is promising to reveal all this week — including middle class tax cuts, and tax hikes on some of the wealthy. Watch for the hardcore conservatives to react with something like, "Ooooo, spooky!"

Clinton on email controversy.
A 'drip, drip, drip' of revelations

Hillary Clinton / GETTY IMAGES

Democratic presidential candidate Hillary Clinton said on Sunday the politically damaging "drip, drip, drip" of revelations about her use of a private email server is out of her control and she is unsure when the controversy might end.

Clinton, who has seen her lead shrivel in the race for the 2016 Democratic presidential nomination, said she has tried to be as open as possible and take responsibility for the email flap.

"It is like a drip, drip, drip. That's why I said there is only so much I can control," Clinton told NBC's "Meet the Press."

But asked if she could reassure nervous Democrats that no new email revelations would hit her campaign, she said: "I can't predict to you what the Republicans will come up with, what sort of charges and claims they might make."

Clinton compared criticism about her use of private email instead of a government account while she was secretary of state to the flood of controversies and Republican-led investigations that marked the presidency of her husband Bill Clinton in the 1990s.

"I have been involved from the receiving side in a lot of these accusations," Clinton said. "In fact as you might remember during the '90s there were a bunch of them. All of them turned out to be not true."

Clinton has apologized for the email set-up and said it was a mistake. She gave 55,000 pages of work-related emails to the State Department last year but eliminated about 30,000 emails she said were personal. On Sunday, she said she did not help her lawyers determine which ones to turn over.

"I did not want to be looking over their shoulder," she said, calling accusations she was trying to avoid transparency laws "ridiculous." REUTERS

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Tunnel to Towers race to honor 9/11 first responders, military veterans

The Tunnel to Towers run honors FDNY firefighter Stephen Siller. When he heard the World Trade Center was attacked, Siller, off-duty, ran from Brooklyn to Lower Manhattan with 70 pounds of equipment. Siller was last seen at West and Liberty streets. The 5K run mirrors the route he made on 9/11. About 30,000 people participated in this year's race.

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No g'day for you, sir. / ALL PHOTOS GETTY IMAGES

1 Australia says what we're all thinking about Chris Brown

Chris Brown is scheduled to take his tour to Australia in December, but those plans might have to be scrapped if he's denied a visa to enter the country — which he very well might be, due to his history of domestic violence. "People need to understand, if you are going to commit domestic violence and you want to travel around the world, there are going to be countries that say to you, 'You cannot come in because you are not of the character that we expect in Australia,'" says Australian Minister for Women Michaelia Cash, according to the BBC — though I can't imagine what other countries would get so specific about what Australia expects, but whatever. The continent-nation's immigration department has issued a "notice of intention to consider refusal," and Brown has 28 days to prove that he's worthy of stepping foot on Australian soil. This should be good.

Daily video

DEVON MEADOWS / YOUTUBE

Cat shuts up dog

Who's the boss? In this fancy industrial loft apartment, the cat is the boss, and don't you forget it, new puppy. A home surveillance camera catches the yappiest member of the household letting loose on the bed before its feline counterpart swoops in for a silent stare-down shushing. Pretty impressive. And given the presence of the drum set in the corner, I can understand why the cat values its moments of quiet.

THE WORD

Ned Ehrbar takes on the world of gossip.

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2 Kaley Cuoco no longer sweet on Sweeting

Can we sneak this one in under the wire for the Summer of Celebrity Divorces even though it's officially autumn? "Big Bang Theory" star Kaley Cuoco-Sweeting is officially ditching her hyphenate — and her husband — as she and hubby of almost two years Ryan Sweeting are calling it quits. "Kaley Cuoco and Ryan Sweeting have mutually decided to end their marriage," her rep says in a statement. "They ask for privacy at this time. No further statement will be issued regarding this matter." Note that in the official statement she's already sans hyphenate. Subtle.

Back in April, amid talk of a potential split, Cuoco took to Instagram to stand up for her man and her marriage and shoot down the rumors. That post, pointedly, has been removed. I see what you did there.

3 Frances Bean secretly married a Kurt Cobain cosplayer

They grow up so fast. Frances Bean Cobain, the daughter of Kurt Cobain and Courtney Love, reportedly went off and married boyfriend Isaiah Silva in a super-secret ceremony, according to E! News. How super-secret are we talking? Not even Love knew about it. Ouch. "Courtney loves Isaiah but was devastated to learn that Frances had gotten married without her knowing," a source says. "Courtney really likes Isaiah and is very happy for Frances. Courtney is sad she wasn't at the wedding. Frances called her after but understands why she did it. Frances needs a man in her life and has always craved stability. She's found it in Isaiah. This has not caused a rift between mom and daughter. Courtney was sad, but she's cool and Isaiah is a great son-in-law." A great son-in-law who dresses eerily similarly to his new bride's dead dad, I think it's worth pointing out.

Here she is now.

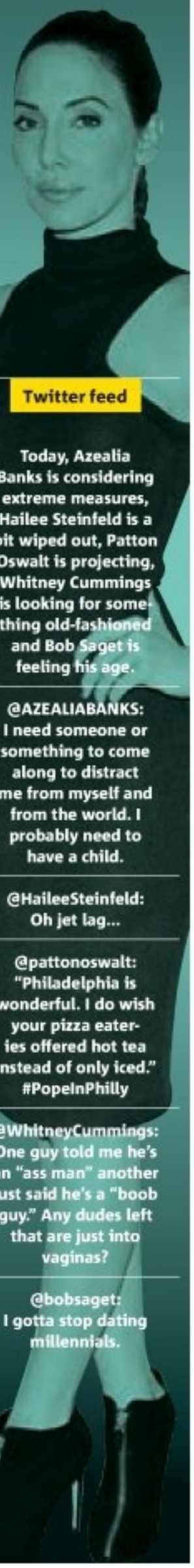
Haters gonna hate.

4 Robert Pattinson sums up online trolls

Robert Pattinson keeps breaking the No. 1 rule of the Internet: Don't read the comments. "I go through periods where I don't do it at all and feel glorious. Then I'll fall back into this pit. It really does affect you, and it all comes from some moron sitting on a comment board. It's always that person who's needling away at you, who you either want to destroy or convince them to love you," he tells NME. "You end up trying to fight against this faceless blob, where the more you hate it, the bigger it gets, because it's all in your head."

And we're not just talking about "Twilight" haters here. R-Patz has been dealing with a whole new wave of anonymous online negativity from racist idiots ever since he got together with FKA Twigs. "I was talking to my dad about this and I bet him that if he looked up Nelson Mandela's funeral on YouTube, the first comment would be a racist one. And it was, with like, a million up-votes. What I don't get is why," Pattinson says. "I think it's because most normal people are not commenters. I've never met anyone who's left a comment on anything. It's just demons who live in basements." Sick burn, bro.

2 CULTURE



Twitter feed

Today, Azealia Banks is considering extreme measures, Hailee Steinfeld is a bit wiped out, Patton Oswalt is projecting, Whitney Cummings is looking for something old-fashioned and Bob Saget is feeling his age.

@AZEALIABANKS:
I need someone or something to come along to distract me from myself and from the world. I probably need to have a child.

@HaileeSteinfeld:
Oh jet lag...

@pattonoswalt:
"Philadelphia is wonderful. I do wish your pizza eateries offered hot tea instead of only iced." #PopeInPhilly

@WhitneyCummings:
One guy told me he's an "ass man" another just said he's a "boob guy." Any dudes left that are just into vaginas?

@bobsaget:
I gotta stop dating millennials.

WATCH 'MOONRISE KINGDOM' TO YOUR HEART'S CONTENT

Wes Anderson Movie

Jared Gilman poses in one of Wes Anderson's typically hyperdesigned frames in "Moonrise Kingdom." / FOCUS FEATURES

'Moonrise Kingdom'

Wes Anderson has long been an easy target for ridicule. But he's kept doing him, and rightly so. His 2012 effort was more of the same: a hyperdesigned, goofy-sad tale, this one of kids (Jared Gilman and Kara Hayward) running away into the woods, pursued by authority figures and aggressive Boy Scouts. He's almost daring you to call it self-parody, just as much as he's waiting for detractors to see he's not just about quirk. As ever, a heavy melancholic streak runs throughout, offering an insightful look at how characters, as they always do in Anderson joints, use artifice to shield themselves from pain. The adults are uniformly brooding, grumbling about past decisions that have left them unhappy. It's hilarious and gutting in equal measure, usually at the same time — just like all of Andersons'.

Thriller

Jason Statham in "The Bank Job." / LIONSGATE

'The Bank Job'

Jason Statham has been pigeonholed. He's an old-school ass-kicker, but he can also be a funny, articulate motormouth as well as serious. "Spy" showcased the former, while this 2008 thriller — based on a stranger-than-fiction tale of a truly bizarre heist — reveals the latter. Granted, he's still doing his taciturn badass routine, but there are more layers here than he's usually called on to show. That's because it's a Jason Statham movie that could theoretically exist without him and is thus freed to give him an actual character to play. Not that he should dial back on playing an action god, but as age subtracts his physical prowess, he may have other things to do.

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Straight to the top

Interview. Jason Clarke goes to extremes to bring the true story "Everest" to life.

Clarke at base camp in "Everest" / UNIVERSAL PICTURES; GETTY IMAGES

Even the actors have to battle the elements in "Everest," which re-creates a disastrous 1996 trip to the summit of the world's tallest mountain. And while you might assume it's all movie magic, Australian actor Jason Clarke has some surprising details about the heights to which the production went.

What was shot outside and how much was staged?
We started off [and] went to Kathmandu. We flew in there and shot all that stuff that you see there, and then we did basically the hike up to base camp, but we chop it up because of time. You start shooting at 12,000 to 16,000 feet. That was an issue because normally to acclimatize, the group will take two and a half weeks to climb up to that point, at which point you're ready to hang out at base camp for a month before you go for the summit. We had to go up and down quite quickly, so people were affected. There was a scene where we were up with the memorials to the dead people — that was shot at 16,000 feet, just around the corner from base camp.

That sounds amazing but terrifying.
Sure, but, oh my God, it was special. We then went to the Alps in Italy, and we shot a lot of the southeast ridge and the external stuff on the peaks up there between 10,000 and 13,000 feet. It was minus 30 in winter, so it was cold and snowy. Pretty much the only stuff we shot on the stage was the actual summit itself and the Hillary Steps stuff. Up there, it's the jet stream.

The costumes and the beard and being so bundled up — you don't really have to worry about makeup and hair things like that.
I mean, when we got to that stage, they stuck in this weird gel stuff that was horrible, but no. It was one of those "no acting required" gigs.

Were you much of a hiker or climber before this project?
Yeah, more so a lot of hiking. I'd done some climbing, and then I did a lot of big climbs to get ready for it back in New Zealand and then in Scotland just to kind of get a sense of what it's like to be out when it's f—ed up and just take it.

You're doing a New Zealand accent in this, and I feel like every time I see you, you're doing some accent different than your own.
I prefer to do an accent. It's one way to find character. For my next role I'm learning the violin and fencing. The work itself helps you find the character. If things weren't difficult to do, I'd probably be lazy. And I actually prefer to work with accents, when there's a voice. I remember Heath in "Brokeback Mountain," that voice that he had. That just was his character. It was amazing.

I appreciated how death scenes were handled with restraint. People are just there one second and not there the next.
Absolutely, yes. That's Baltasar [Kormakur] sticking to his story and knowing his story and saying, "This is the movie that I'm making," and understanding the power of good story. He knew exactly the line and kept us on that line.

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Rewriting history

Caleb Landry Jones and Jonny Beauchamp get into it in "Stonewall." / OPEN ROAD

LGBT. Roland Emmerich defends his take on the Stonewall riots.

With "Stonewall," director Roland Emmerich steps out of the blockbuster disaster genre that made him famous ("Independence Day," "2012") to tell the story of the 1969 Stonewall riots, a turning point in the gay rights movement. But he's found himself in something of a real-life disaster, as LGBT activists and critics have been very vocal about the film's alterations to history.

This is the first time you've addressed LGBT issues at all in your films.
When I was a young director, I didn't want to be called gay because I wanted to make big movies. Then when I came to America, I realized that there's gay filmmakers making big films, so I can come out openly now. I was relatively late coming out — I was 33 or so — publicly. And then what happened was people constantly kept saying to me, "You should do a gay movie," because now they knew that I'm gay. Or a "personal" movie. And then at one point, these two producers came to me and said, "What about Stonewall?" And then it took three or four years until I finally did it, but in that time, I was constantly thinking how could you tell a story of that time so people today could still relate to it? For me, every movie has to have a personal interest and a thing where people could maybe buy into that movie or that story.

EMMERICH
GETTY IMAGES

Modern audiences?
Yes, but also a straight audience. When you make gay films, everybody says it's for gay people, but no it's not. The majority is straight, and I'm curious how many straight people will go and see it. I hope a lot of them.

There's already controversy over having a fictional character throw the first brick.
Well, there's all kinds of theories about that. A lot of people will be upset — I knew this before I made the film. But nobody knows really, for sure, who did what when — who was the first person who threw something, nobody knows. This is a little bit like when you criticize other movies. Even "Selma" got criticized because two or three scenes were in there which the director chose — knowing what happened in real life in history, but it didn't fit in the story. She got huge flak for that. We're storytellers. I'm not a documentarian. I'm not making a documentary.

Danny has a complicated approach to sex, and you show a lot of older, predatory gay men.
Well, it was happening. We wanted to make a movie which is all-inclusive, so we have to figure out what really is all forms of sexuality. We have people like Bob Kohler and his boyfriend who are nearly married, but then we also have these older men who prey on younger kids, and that was just happening. It's happening, by the way, today. But we wanted to be all-inclusive.

Bonus question

How concerned were you about historical accuracy?
I'm always relatively courageous there because I'm always saying, "It has to make sense as a story." As long as I get the feeling right, you know? For me, it was very rewarding because we showed it to the Stonewall veterans and to Martin Boyce, who was a kid of that time, and when they came out of the film, they said, "Oh my God, this is very, very realistic." That's, for me, the highest honor you could get.

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Matt Nathanson isn't afraid to get ugly

New music. On his 10th album, "Show Me Your Fangs," singer-songwriter Matt Nathanson proclaims Bill Murray his hero and patron saint.

Singer-songwriter Matt Nathanson is releasing his 10th album, "Show Me Your Fangs," Oct. 2, and even after all these years, he says he still has inspiration in abundance.

"I'm such a nerd for music still," Nathanson replies without hesitation. "I'm the only person I know who still seeks out new music. I'm constantly going to record stores and blogs, and figuring out what's going to turn me on," Nathanson tells us.

His energy is contagious. Early fans have stuck with Nathanson throughout the years, but he's also picked up plenty of new ones. That probably explains why his U.S. tour sold out shortly after tickets went on sale.

Matt Nathanson's album "Show Me Your Fangs" is out Oct. 2. / VANGUARD RECORDS

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Sinking his teeth into honesty

For his landmark 10th record, Nathanson's hook-laden life stories are couched in an overall theme of self-identity and how we choose to reveal ourselves, and what we hide, he says. "The title track and all the songs move to this place of being honest, and 'Show Me Your Fangs' is like, show me what you've got. Show me your ugliest; show me your cruelest side. I can handle them; it's not going to scare me off."

Bill Murray, patron saint and hero

Among the songs on "Show Me Your Fangs" is one extraordinary take on a real person. Simply called "Bill Murray," Nathanson wrote the song about the actor and latter-day legend who has somehow managed to reach general hero status, what with his everyday antics as well as his choice film roles. Nathanson's song is about a fictional adventure he and Murray take around the world, and the life lessons Murray teaches him along the way.

"I feel like he is somebody who has a very low threshold of being embarrassed and self-conscious," Nathanson says of why he chose to write about a famous person whom he's never met. "He does things from a place of strength, and it's an inspired place to be. Bill Murray is the patron saint of this album — and my life, probably."

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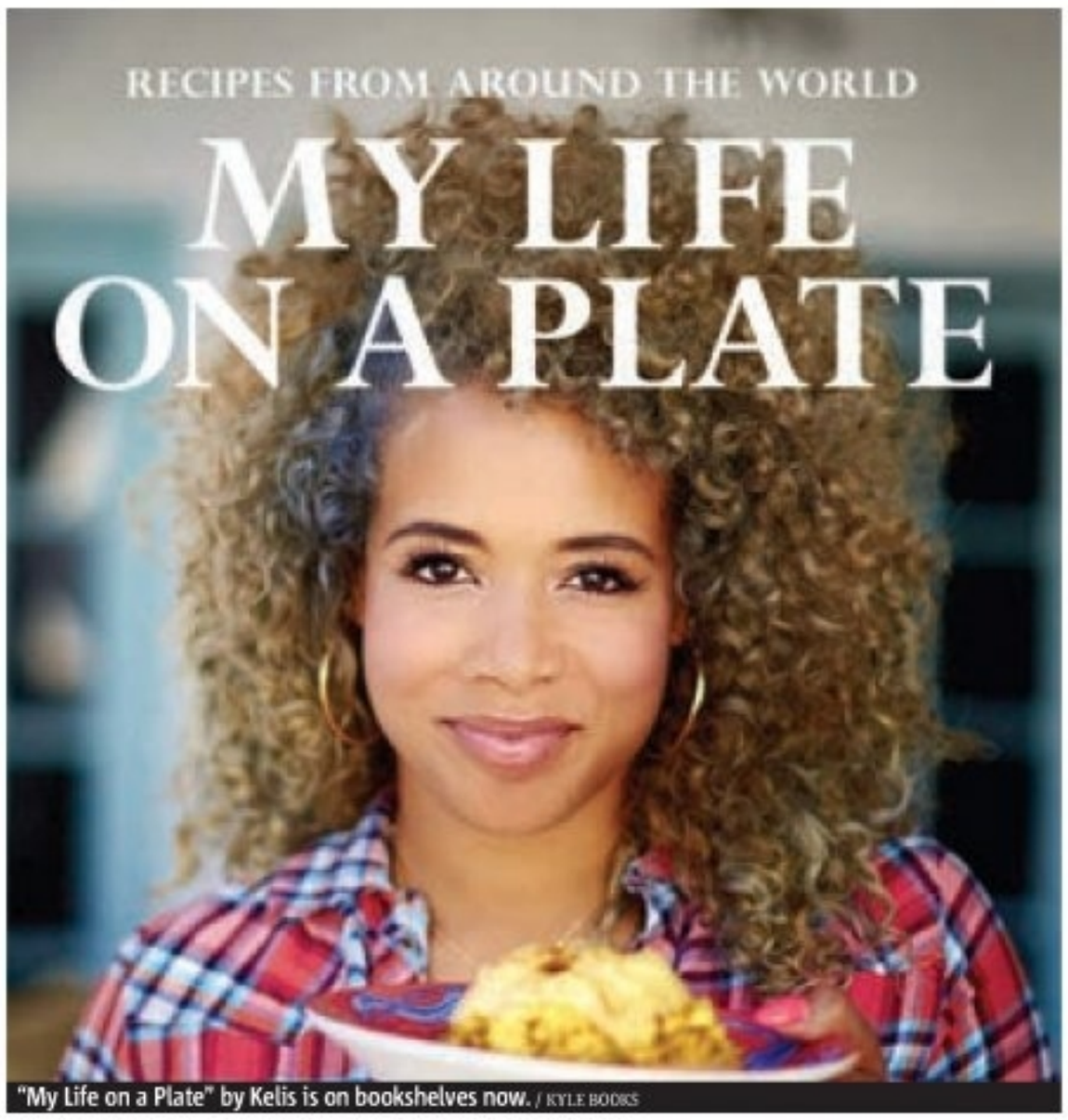
More than milkshakes: Kelis' new treat

Food. The R&B singer is dishing the delicious details of her life in a new cookbook.



"My Life on a Plate" by Kelis is on bookshelves now. / KYLE BOOKS

Though her milkshake brought all the boys to the yard, it's her arroz con gandules (rice with pigeon peas) that made them want to stick around, says Kelis.

Turns out the pop singer knows her way around the kitchen. Her last album, "Food," included such songs as "Breakfast," "Friday Fish Fry" and "Biscuits N' Gravy." She has her own Cooking Channel show, "Saucy and Sweet," as well as a line of sauces called Bounty & Full.

Now, Kelis is taking her love of cuisine one step further with her first cookbook, out today: "My Life on a Plate: Recipes From Around the World."

"All the recipes are a part of my life — they're the different elements that represent me," says the 36-year-old, who is pregnant with her second child. "I grew up in a very food-centered family, and it was always a big part of our day. We always ate dinner together."

But a young Kelis Rogers didn't just sit down at the table. "My mom had a catering service, so she was doing major events — it was serious cooking. But she taught me quickly, and I learnt by example."

Growing up in Harlem, Kelis enjoyed a smorgasbord of global cuisine. "We used to go and eat a lot of Chinese and Latin food. I discovered new food while traveling, but New York is such a melting pot." Her Puerto Rican heritage had a huge influence on her cooking style. "I love making Pernil — it's roast pork shoulder, or alcapurrias [stuffed fritters] that I grew up eating. I really got to enjoy Malaysian and Thai food when I was traveling. I'd already experienced those flavors before, but to be there and eat them was really exciting."

After her fourth album, "Kelis Was Here," in 2006, she took a hiatus from music and trained at Le Cordon Bleu culinary school. But don't ask her to pick between her two passions: "My journey was really important. I think I got to the place where I went to culinary school and fell in love with cooking because I had already accomplished something else that I thought I was meant to do — I had made a career."

Kelis is passing on her family tradition of cooking to her son, 6-year-old Knight, whom she had with ex-husband Nas. "I cook with my son in a very relaxed way. Sometimes he is just casually watching, sometimes he wants to get involved, so

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Arroz con gandules is a staple in Kelis' home.

I bring him in. I always give him some sort of job; he likes using the electric mixer or cracking the eggs."

Like most other moms, she doesn't get to spend hours in the kitchen every evening. "On a normal day, I always have vegetables and some kind of meat. I like one-pot dishes like stews; they are healthy, quick and easy and they always work."

For those concerned, don't expect to find nutritional information alongside the recipes. "I'm not a calorie counter," she says. "I care mostly about the flavor, but I think that if you know the ingredients you can cook in a healthy way. I use Kosher salt, fresh butter, a lot of grains, as well as organic and locally-sourced vegetables. These are really good ingredients, because for me, that's what eating healthy is about."

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Dancers perform in choreographer Trisha Brown's "Set and Reset."
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Defying gravity with Trisha Brown

Dance. A yearlong festival celebrating the choreographer kicks off in Philly this week.

Long before moving to Philadelphia or taking on her role as curator of the Bryn Mawr College Performing Arts Series, Lisa Kraus spent five formative years as a member of Trisha Brown Dance Company. She remembers that tenure as challenging and inspiring: "As a dancer, Trisha coaxed out the most brazen, fearless, daredevil dancing that I could have imagined."

Hearing the news of Brown's retirement from choreography in late 2012, Kraus was determined to bring the company to Philadelphia. TBDC hasn't performed in the city for 20 years and is in the final months of its "Proscenium Works: 1979-2011" tour, the last time the company will perform Brown's work for the proscenium stage before focusing on more site-specific works.

That show, which will come to Bryn Mawr College Oct. 23 and 24, will be the centerpiece of "Trisha Brown: In the New Body," a yearlong festival celebrating the groundbreaking postmodern choreographer's life and work.

It kicks off this week with the opening of "(Re) framing Collaboration," an exhibition of visual art by Brown and her collaborators at the college's Canaday Library, as well as a week of free master classes and talks at Drexel University by dance critic Wendy Perron.

"At the time when Brown entered the dance field, there was a revolution taking place," Kraus explains. "The definition of dance was stretched wide open.

"But the thing that was so unique about Brown is that she pioneered a new physical language that has to do with working with the weight of the body, working with the force of gravity, working with instructions that ask the body to do the impossible."

SHAUN BRADY
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What you'll see

Walking on walls

A founding member of the Judson Dance Theater, Brown formed her namesake company in 1970. Her early work used ropes and harnesses to allow her dancers to defy gravity, walking on walls or along rooftops. Over the course of her career she collaborated with other influential artists like Robert Rauschenberg and Laurie Anderson.

Some of those pieces will be on the program of "Proscenium Works," while early pieces will make up another program at the Barnes Foundation in October; the festival will continue with lectures and discussions, culminating with a performance of Brown's "O zlozony/O composite" by the Pennsylvania Ballet in June.

"I want people to know why it is I love this choreographer so much and have for nearly 40 years," Kraus says. "To some, even work she made in the 1970s might seem radical now. It's time we all caught up with her."

If you go

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The real Alice in Wonderland

Classic. Lewis Carroll's original manuscript made its way to Philly in the 1920s.

"Down the Rabbit Hole," a three-part exhibition, is at the Rosenbach (2008-2010 Delancey Place) starting Oct. 14.
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Everyone knows about Alice's travels down the rabbit hole to Wonderland and through the looking glass, but most people are unaware that her adventures also brought her to Philadelphia. To celebrate the 150th anniversary of Lewis Carroll's "Alice in Wonderland," the Rosenbach is telling that story.

The size-shifting, ever-curiouser Alice had a real-life counterpart in Alice Liddell, a young girl whose family befriended the English writer and mathematician Charles Dodgson, better known by his pen name, Lewis Carroll. Dodgson invented the fantastical Wonderland during a rowboat excursion with Alice and her two sisters one afternoon in 1862. Two years later he presented a handwritten, illustrated manuscript of the story — then called "Alice's Adventures Under Ground" — to Alice Liddell as a Christmas present.

It's that manuscript that carries Alice's story from England to Philly. In 1928, having fallen on hard times financially, Alice Liddell Hargreaves sold that original manuscript at auction in London, where it was purchased by Philadelphia book dealer A.S.W. Rosenbach — the literary museum's founder and namesake. "This caused a great international stir at the time," says Alice Emerson of the Rosenbach. "It made huge headlines, No. 1 because of an American swooping in and buying this British treasure right out from under the nose of the British people. The second reason is that he paid a world record price for a manuscript."

Dr. Rosenbach eventually sold it to collector Eldridge Johnson, who placed it on display at the Free Library. The elderly Alice herself came to see the manuscript in its new home; the chair in which she sat will be among the artifacts in the Rosenbach's exhibit. From Oct. 14 to 18, the manuscript will also be on view in Philadelphia before heading home to Britain. The exhibit will be in three parts, opening with the manuscript display and running until May 2016.

Pop culture

Behind the scenes

Emerson calls the exhibition "a chance to connect with something that's so familiar in popular culture that you don't even think about it," she says.

"Everyone knows this story, but the stories behind the story are the fascinating aspects that we're trying to pull out," Emerson continues. "Seeing these original materials really gives you a whole new depth and appreciation for what this cultural icon is and how it came to be."

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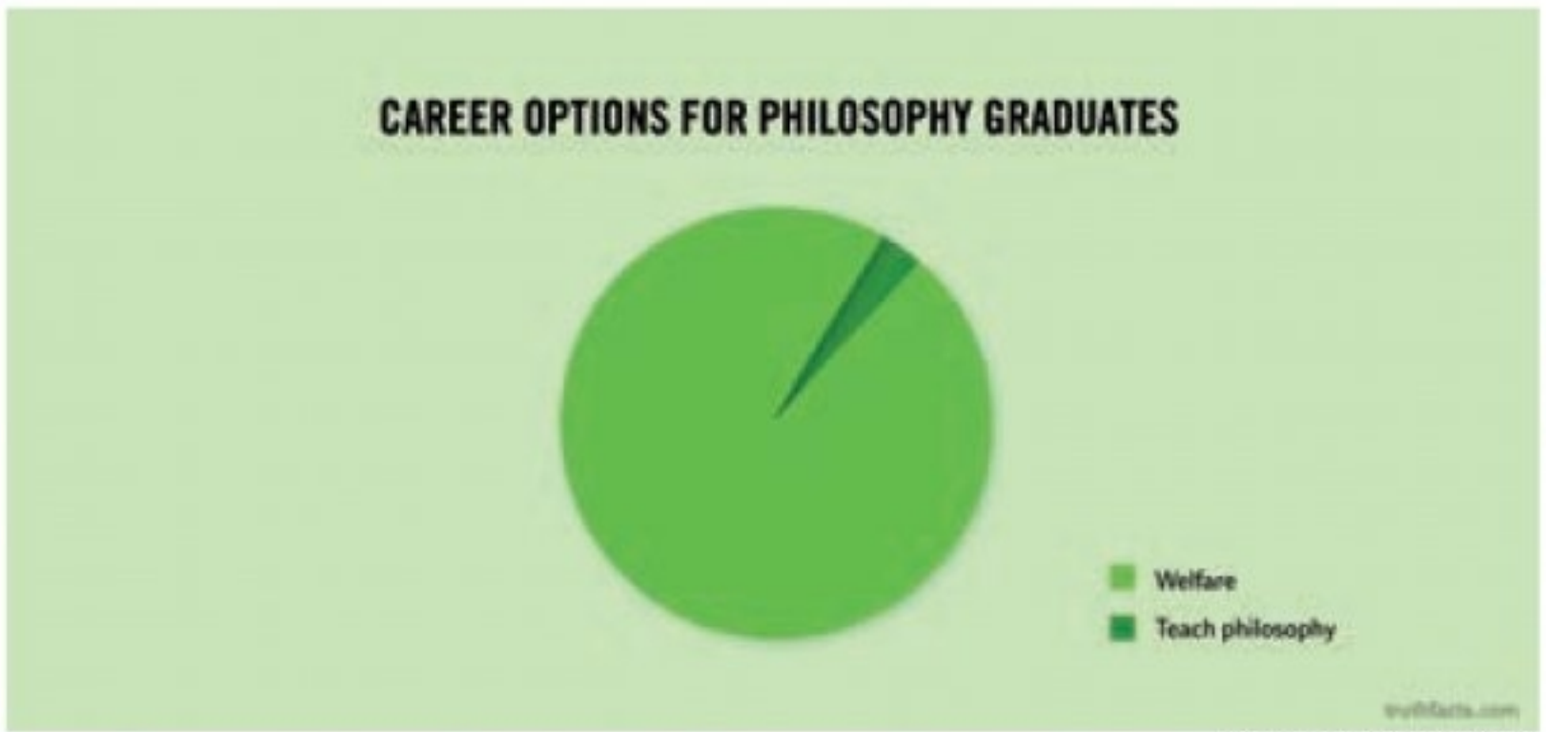

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Across
1 Visages
6 Galba's successor
10 Dose the dog
14 Tibet's capital
15 Jumbled type
16 Mayberry moppet
17 Attendant
18 Take care of
19 Frat-party orders
20 Untold centuries
21 Heroic exploit
23 Round numbers?
24 Female deer
25 Silo, maybe
27 Twang or drawl
30 Make — — for it
31 Curtain material
32 Swindlers
37 Morales of "La Bamba"
38 Solo
39 — St. Laurent
40 Trains (hyph.)
42 Snapshot
43 Memoir topic
44 Meadows
45 Did a second draft
49 WWW addresses
50 Ram constellation
51 Wannabe prince
52 Blank space
55 Banter
56 Jean Auel heroine
58 Walks unsteadily
60 Underway
61 Shear fabric?
62 Jots
63 Thyme, e.g.
64 Carries with effort
65 Signified

Down
1 Furnace duct
2 Mr. Moto remark (2 wds.)
3 "High Hopes" writer
4 Compass pt.
5 Tinned fish
6 Chose
7 Secured
8 Pullet

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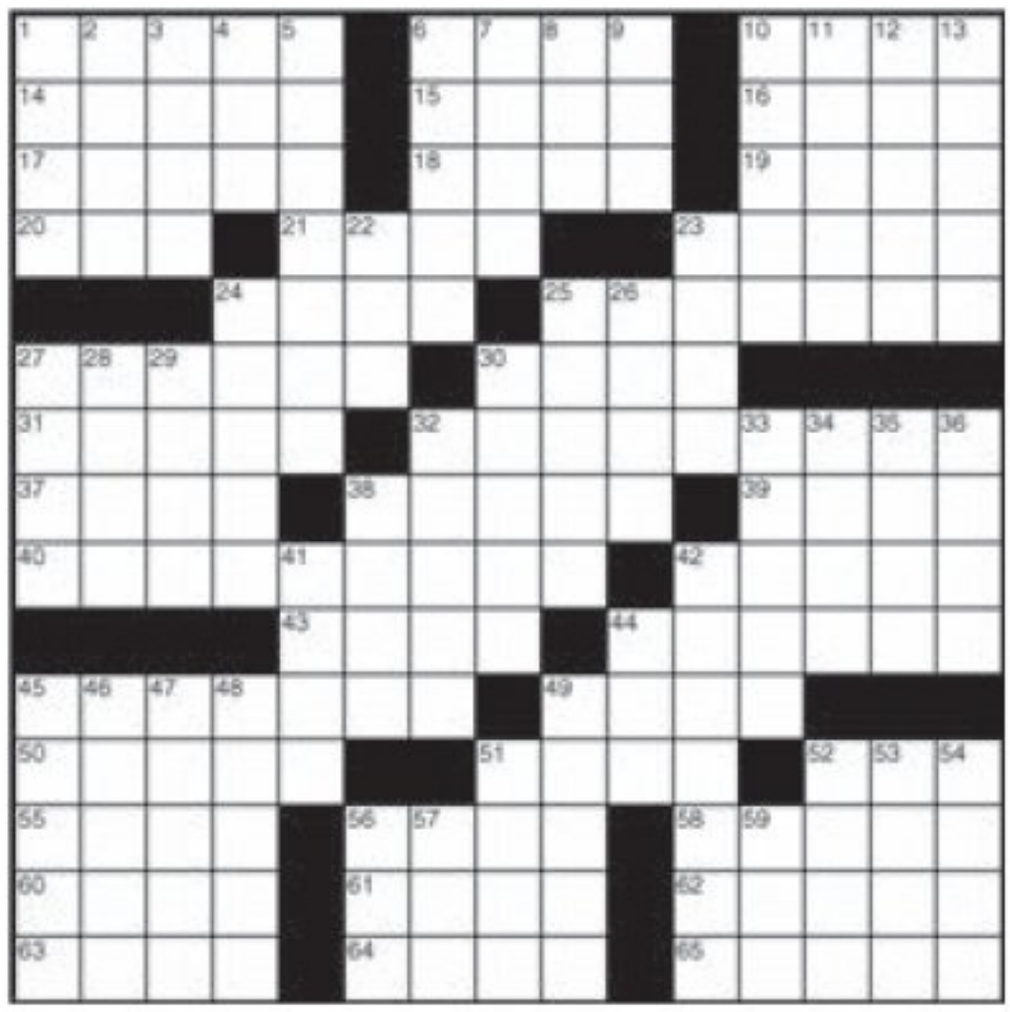
9 Not even
10 Roused
11 Musical work
12 Exactness
13 Cluttered
22 Tolkien tree giant
23 Novelist — Grey
24 Sun, in combos
25 Toothy smiles
26 Artifice
27 With, to Yves
28 Blackjack
29 Hi or bye
30 Not give — —
32 Lock up
33 Early harps
34 Like Mr. Hyde
35 Rip apart
36 Sound-barrier breakers
38 At the drop of — —
41 TV's Sharkey et al
42 Wanderer
44 To and —
45 Howdah occupant
46 Notched, as a leaf
47 More sensible
48 Fix up
49 Europe-Asia divider
51 Horsewhip
52 Japanese clog
53 Mr. Greenspan
54 Discreet summons
56 Hole puncher
57 One of us
59 Help-wanted abbr.



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easy

			7	9	1		3	
					8		7	
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metro.us/horoscopes

Aries You are on an emotional roller coaster. Conversations with colleagues or family members will become heated if you don't back down.

Taurus Anxiety and confusion will dog your day. Participating in a physical activity with friends will be a diversion from negative thoughts.

Gemini You can't do everything yourself. Being a contributing member of a team will bring you recognition and rewards.

Cancer Listen to and observe what is going on around you. Consider your next move before letting others know your plans.

Leo You will be the main attraction today, so make the most of it. Everything will fall into place and go according to plan.

Virgo Money spent on improvements to your living quarters or appearance will pay off. Your situation will be competitive.

Libra Anger will wear you down. Steer clear of anyone looking to start an argument. Surround yourself with people who build you up.

Scorpio You are in a high creative cycle. Your dependable reputation and a strong work ethic will help you gain recognition.

Sagittarius You will be bored if you don't try something that offers mental or physical stimulation and adventure. Love will play out well.

Capricorn You will run into problems if you are outspoken. Make sure you have your facts straight and the approval of everyone involved.

Aquarius Widen your circle of friends in order to encounter unique opinions. Your knowledge will grow if you incorporate the ideas you discuss.

Pisces Don't sell yourself short. Make the most of every opportunity. The more you know, the greater confidence you will have. EUGENIA LAST

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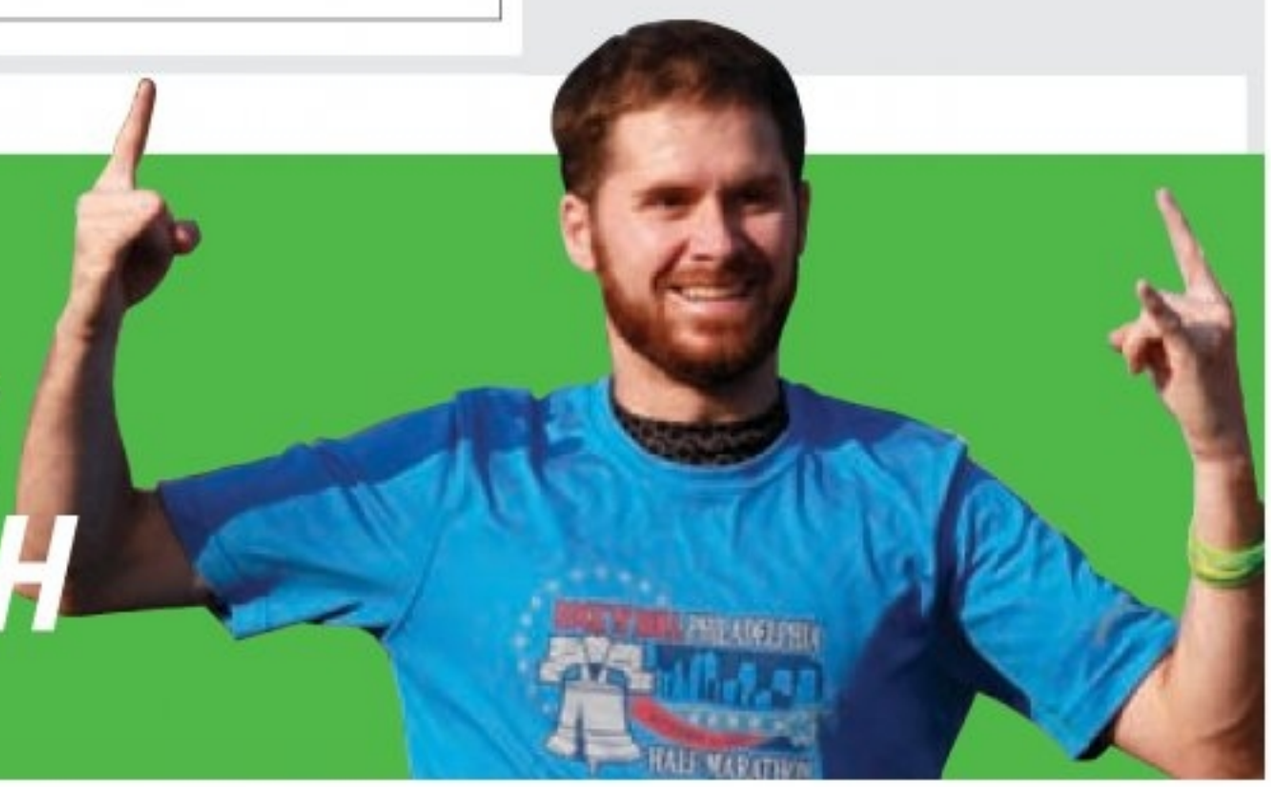

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jobs & education

HOW TO GET AHEAD

‘Eat, Pray, Love’ author on how to live your most creative life

Elizabeth Gilbert’s new book, “Big Magic,” teaches how to live with creativity and courage.

EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us

Best-selling author Elizabeth Gilbert has made a successful career following her creativity, so naturally she gets asked for tips all the time. Even if you don’t have a career that allows you to be creative every day, there are ways you can follow the ideas that fascinate you. Here’s how:

Follow your curiosity

If you think only writers, artists and musicians can be creative, think again. Gilbert is a strong believer that anyone can be creative, and that “creative” shouldn’t be confused with “artistic.”

“The definition of ‘creative living’ is paying attention to your curiosity and following wherever it leads you,” she says. “It’s going to lead to a much more interesting life, no matter what it ends up producing — or doesn’t produce.”

Uncover your “strange jewels”

In “Big Magic,” Gilbert encourages readers to uncover their own personal “strange jewels,” a thought inspired by her favorite poet, Jack Gilbert: “The jewels that are hiding inside you are begging to say yes.”

“The jewels can be anything from talents to virtues to purpose in life,” she says, adding that following what you find interesting is part of the treasure hunt that can lead to a more curious life. “Those things

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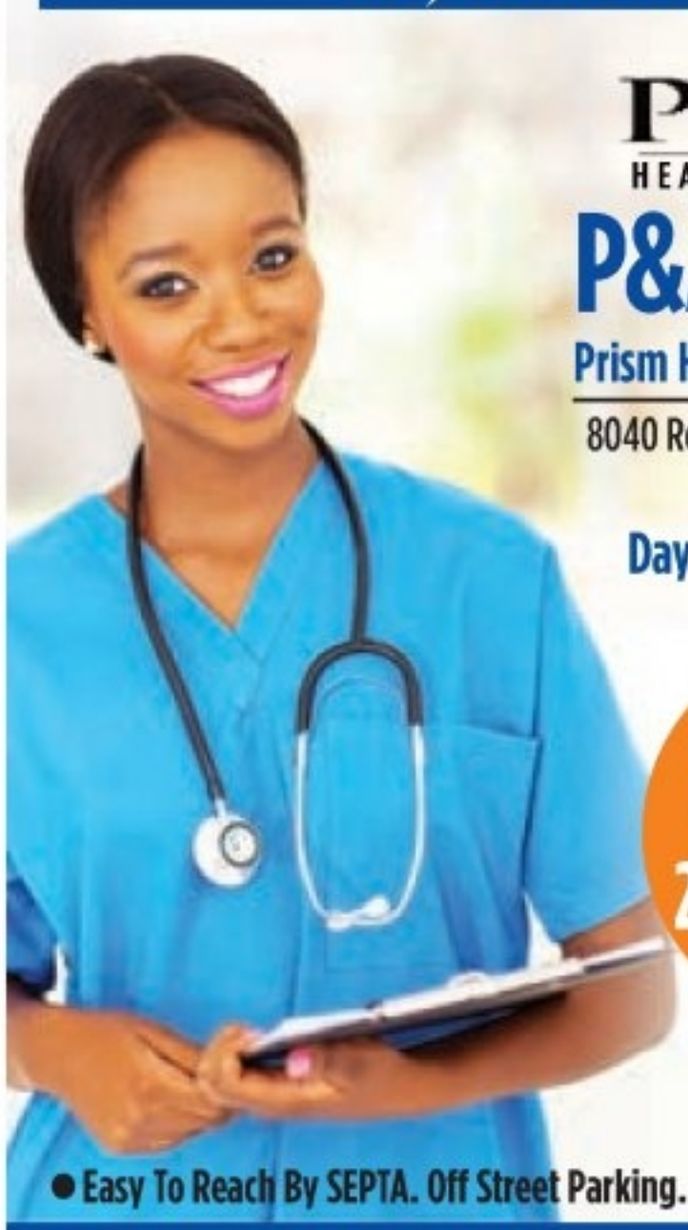

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Elizabeth Gilbert's new book "Big Magic" is out now. GETTY IMAGES

are clues trying to get your attention. Put some energy behind it and follow up on it."

Stop making excuses

Gilbert says people often write her on social media complaining that they don't have time to be creative. Gilbert fires back that if you have time to be on social media, watch TV or read magazines, then that isn't necessarily true.

"When I start to pick apart that argument with people, it turns out it isn't really a question about having time," she says. "They're afraid. They're afraid they don't have the material, or the right training, or they'll get rejected or ignored. It doesn't really have to do with time." She stresses that once people put aside these fears, they can uncover something great.

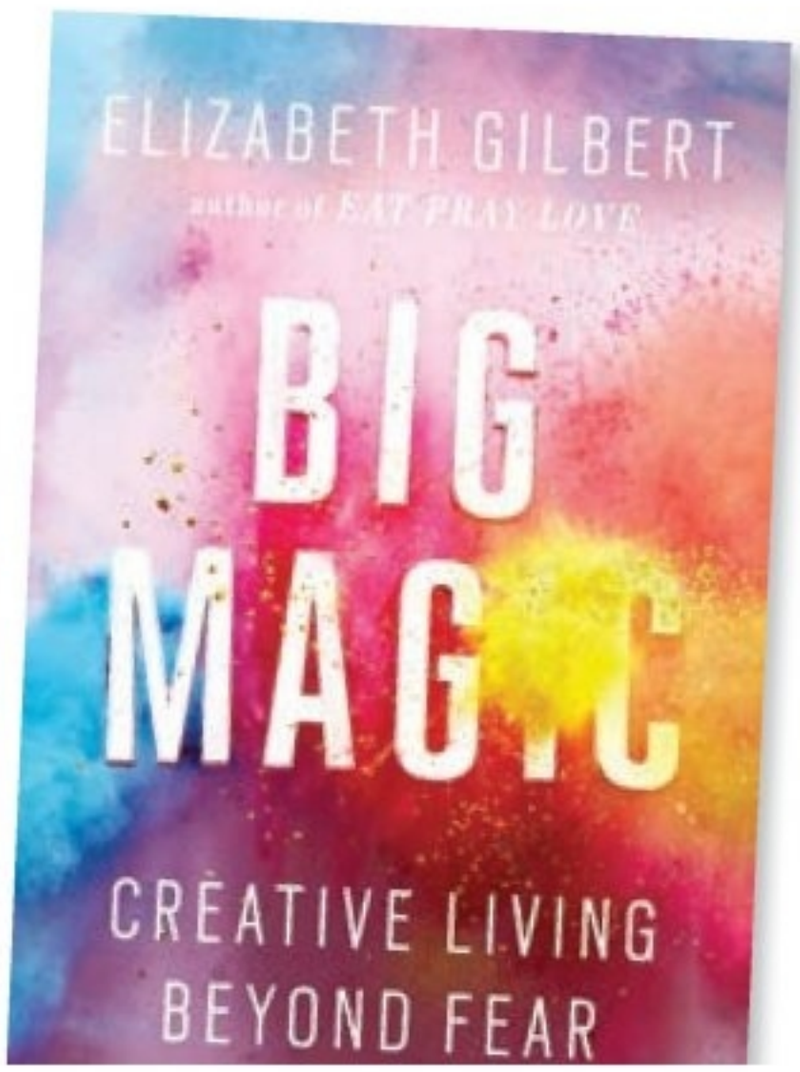
Cultivate a creative community

In her book, she says success in creativity is part hard work, part magic. Part of the magic is surrounding yourself with people who can help fuel your creativity. Search for others who are curious about the same things you are either online or in meet-up groups. "They aren't hard to find," she says.

Practice self-forgiveness

It's human nature to start off excited about an idea, but for that interest to fade over time until you end up abandoning the idea all together. Gilbert says the key to seeing a creative project through is self-forgiveness.

"You have to look back at what you created and say, 'I'm still learning and experimenting. Even if I don't know exactly what I'm doing, this is still worth my time,'" she says. "Even if it doesn't turn out to be what you [thought] it would be, it might turn out to be something else kind of cool."



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The benefits of a bilingual education

Students who speak two languages fluently have more success and opportunities.

RAQUEL LANERI
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Across the country, more and more schools are implementing bilingual programs, in which students attend an equal number of classes in English and in another language such as Spanish, Portuguese or Mandarin.

"There's a huge interest," says Emmanuel Saint Martin, a French native and founder of New York City's Bilingual Fair. "Sometimes it comes from parents wanting their children to connect with their heritage, but there are also many American families who want to get their kids ready for a globalized world.

"It's a big contrast to 50 years ago, when the first thing an immigrant family wanted to do was to forget their language," he adds. "People still want to be assimilated, still want to speak English, but now they want their kids to keep their heritage, too. It's seen as an advantage."

We talked with Saint Martin about the benefits of going to a dual-language school.

It's good for the brain

Researchers at York University in Toronto have found that bilingual children have greater cognitive flexibility, meaning they can process a greater amount of information than their peers.

"Because their brain is used to switching from one language to another, they're able to multitask better," says Saint Martin. "They know how to ignore the information or knowledge in their head that they don't need and make the right choice at the right moment." Studies have shown this helps with mathematics and social interactions.

It's good for health

All that brainpower has an even more significant effect, says Saint Martin: "It helps delay and prevent dementia." Indeed, a 2010 study of 211 Alzheimer's patients found that those who spoke two or more languages fluently — like those who did crosswords and other puzzles — staved off the disease longer than those who didn't.

Fluency in two languages makes students more curious about and open to the world around them. ISTOCK

It makes you more employable

You may think everyone in the world speaks English. Wrong. And with the economy becoming increasingly global, employers are looking for workers who can converse with international clients and partners. "The fact that you are able to communicate with much more people means that you'll be able to find better jobs — and better-paid jobs," Saint Martin says.

It makes you more open-minded

Learning multiple languages — and studying with peers from other cultures — makes students more well-rounded, more inquisitive, more tolerant and more curious about the world. This is a must in our increasingly connected and global society. "Bilingual kids are more open to the world and open to others," says Saint Martin. "And that's very advantageous nowadays."

Keep in mind

Because learning a language takes practice — and because not every public school offers such immersive programs — parents need to be involved. "Putting [your kid] in some program is not going to be enough," says Saint Martin. "You really need to be committed, even if you don't speak the other language yourself." Put them in other activities in that language, or perhaps have your kids teach you so you can learn together.

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Roethlisberger goes down

NFL roundup. A look around the league in Week 3.

Ben Roethlisberger was carted off the field in St. Louis with a knee injury. / GETTY IMAGES

Just when the Steelers got Le'Veon Bell back, they may have lost Ben Roethlisberger for much longer. The quarterback was carted off the field with a knee injury. St. Louis back Todd Gurley had just nine yards on six carries in his NFL debut in a game where both teams had less than 260 yards of total offense. Pittsburgh wound up winning, 12-6.

Vikings 31, Chargers 14
The Vikings relied on Adrian Peterson again and won again, as the back racked up 126 yards and two touchdowns on the ground. Philip Rivers was sacked four times and eventually pulled from the game after the Chargers fell behind. Chad Greenway returned a Rivers interception 91 yards for a touchdown.

Texans 19, Buccaneers 9
One of eight winless teams Sunday morning, Houston took advantage of a matchup with the Bucanneers to get into the win column. Alfred Blue had 139 yards and a touchdown for the Texans while Arian Foster continued to sit out.

Panthers 27, Saints 22
Even with Drew Brees sidelined, the Saints threw the ball 38 times and ran it 24. Luke McCown, starting for Brees, completed 82 percent of his passes for 310 yards but couldn't outduel Cam Newton, who threw for 315 yards and scored three touchdowns of his own, throwing two to tight end Greg Olsen.

Around the NFL

More Week 3 scores

- Patriots 51, Jaguars 17
- Bengals 28, Ravens 24
- Colts 35, Titans 33
- Raiders 27, Browns 20

Falcons 39, Cowboys 28
It looked for awhile as though Dallas would pass its first test without Tony Romo, as it pulled out to a 14-0 lead behind two touchdowns from Joseph Randle, who would finish with three scores. Atlanta outscored Dallas 22-0 in the second half however, as the Cowboys had no answer for Julio Jones (164 yards and two touchdowns) or Devonta Freeman (141 yards and three touchdowns).

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3 SPORTS

MLB

Phils make two big moves

The Phils announced Sunday that they were shutting down rookie ace Aaron Nola for the season and were declining the final year of Cliff Lee's contract. Lee will be paid a $12.5 million buyout instead of the $27.5 million he was due for Year 5 of his deal.

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Defense shines, gives Birds their first win of the season

NFL. Three things we learned in the Eagles' 24-17 road win over the Jets.

Ryan Mathews finds the end zone Sunday in East Rutherford, New Jersey. / GETTY IMAGES

The Eagles beat the Jets at their own game Sunday, using a potent ground attack and turnovers on defense to hand New York its first loss in a 24-17 decision at MetLife Stadium.

The Birds created four turnovers, while committing just one. Their offense, known the last two years for going vertical and compiling an excess of yards, had only 232 (Sam Bradford was 14 for 28 for just 118 yards and one TD). But most of the Jets' stats (323 yards) came with the team desperate and down big early. And with the Eagles defense able to bail out the offense over and over again, it was enough to get the Eagles in the win column.

Here's a look at the three biggest reasons the Eagles avoided going 0-3 with Sunday's victory:

1 It's about defense, dummy

The last thing Eagles fans expected was their defense to carry them to victory. With their two best linebackers (Mychal Kendricks, Kiko Alonso) and a top defensive end (Cedric Thornton) out and the Jets defense getting all the headlines, Philly would have been content to simply hang on. But replacements Brandon Bair (DE) and Jordan Hicks (ILB) filled in admirably as Malcolm Jenkins, Nolan Carroll and the rest of the secondary went toe-to-toe with the Jets receiving corps allowing just 47 yards (2.9 yards per rush) on the ground against the Birds' run stoppers.

Hicks made the play of his young career, snagging a tipped ball (from Bair, who had his hand on three key passes) and securing it with the Jets in the red zone late in the fourth quarter. Eric Rowe, another rookie, caught his first career interception at the perfect time as well. A few minutes earlier the cornerback dove into the end zone in coverage on Jets' rookie wideout Devin Smith. The final nail in the Jets' coffin, another turnover from the defense, came with the Jets driving the field, down 24-14, on a sideline pick by Walter Thurmond.

2 No Murray, no problem

After famously rushing for just 70 yards in their first two games, and losing their highly paid starter DeMarco Murray to a hamstring injury, Ryan Mathews ran for 108 yards, caught two passes for 20 yards and a touchdown and Darren Sproles added 17 yards and 19 more in the air as well to help the Birds running backs contribute to the victory. Mathews has 15 career fumbles, and a late fumble (his second big mistake after he dropped a sure touchdown pass on the first half) became a non-factor thanks to fabulous defense on the other end on the Hicks interception. The play action pass was once again effective thanks to the potent running game, and the offensive line, despite losing Andrew Gardner to an injury held their own against Muhammad Wilkerson, Leonard Williams and company up front.

3 Something special

Darren "Shifty" Sproles finally gave the Birds the big play they have been ailing for, breaking several tackles, and ankles, en route to an 89-yard punt return touchdown in the second quarter, rewarding a fantastic defensive effort to that point and giving the Eagles a 10-0 lead. The eighth special teams score since the start of last season, Philly has twice as many as the next best special teams unit in the span (the Patriots with four). The return was a spark for the Eagles, who were able to play their style of football throughout the game. Another key special teams play helped the Eagles when Seyi Ajirotutu dove and covered an onside kick attempt with the game now just one possession away from the Jets tying. The Eagles offense nearly gave the Jets the victory several times down the stretch but the defense was able to clinch the win with its stellar play.

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The upset of the century: Penn stuns Villanova

NCAA. For the first time in over 100 years, Penn was victorious over Villanova.

Penn QB Alek Torgersen was sensational in the Quakers' upset of Villanova. / UPENN

Not much has gone as expected so far here in Philadelphia football-wise. Start with Temple beating Penn State 27-10 three weeks ago to end a 39-game, 74-year string of futility. Add in the unexpected pratfall by Chip Kelly's Eagles, who seemed so full of promise, only to look so dreadful at the start the season.

But this may have been the piece de resistance. Thursday night — a game moved up two nights in deference to the papal visit — Penn beat fifth-ranked Villanova, 24-13. If you happened to be alive the last time that happened, then you're at least 104 years old.

If you happen to be Ray Priore, who watched Al Bagnoli go 0-13 versus good friend Andy Talley and the Wildcats as Bagnoli's loyal assistant, you've already done something your predecessor never did.

"You never know when the first one is going to come," said Priore, after the 1-1 Quakers controlled the ball for more than 38 of the game's first 49 minutes, while building a 17-0 lead.

It was also Penn's first-ever road win over a top five ranked team, which snapped a 14-game losing streak against the Wildcats. And while it would be easy to say they beat a crippled Villanova team missing not only All-America quarterback John Robertson, but three starting offensive lineman and a safety on defense, the fact is the Quakers — at least on this night — were clearly the better team.

"Through the years we've tried different tactics," said Priore, who'd watched 'Nova dominate 34-6 and 41-7 the last two seasons as defensive coordinator. "But facing the fifth-ranked team in the country we knew we wanted to minimize their possessions — and anytime the ball was within the 40s we were gonna go for it on fourth down.

"The game's about having the ball. Whoever has the ball wins."

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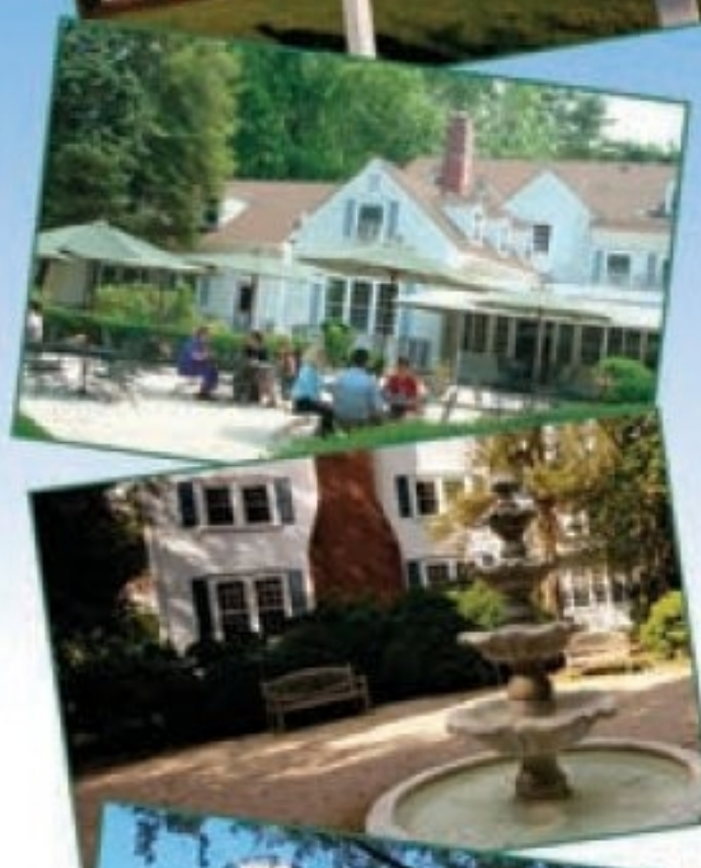

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